

March 2012

Doane House Hospice

17100 Yonge Street,
Newmarket, Ontario
L3Y 8V3
905 967 0259

Mission

We are dedicated to enhancing quality of life through the provision of non-medical support for those affected by or caring for an individual with a life-threatening illness.

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Cathy Kincaide, Client Services Coordinator
Heidi Bonner, Volunteer/Case Coordinator

Charitable Registration No.:
14033 7437 RR0001



“...where are the beds???”

It had been another full, fun, Oasis day. I was thinking about how everyone had enjoyed the interactive workshop and how restorative fellowship can be. The sound of the doorbell jolted me from my reflections. I'd never heard it ring before! Had someone forgotten something? And why would they ring the bell?

The businessman apologized for disturbing me, explaining that he'd driven past our sidewalk signboard advertising our Golf fundraiser many times – and today he decided to investigate.

“Well, come in!” I said. “Usually everyone just comes right in!”

Taking an overview of the main floor, he said quietly, “I wasn't sure. I was afraid I'd be disturbing someone.”



After introducing myself as a volunteer, I said, “There's no program on right now. Would you like a tour?

You've just missed our Oasis clients.” We paused by the dining room table. “If you stopped to consider all that *this* table has witnessed,” I said, “the meals, the activities, the stories, the friendships, the shared laughter and the tears...” I explained I was getting the table ready for the afternoon's program.

Our visitor said, “I had no idea this was what this old house looked like inside. I drive past it almost every day and I never knew. I mean ... *where are the beds???*”

“There are no beds.” I explained. “Doane House is a ‘community’ hospice. We offer different programs during the day and evenings for clients and their families who are coping with life-limiting illness and those who are bereaved.”

We entered the art therapy room. “This room is where our Support Services Coordinator/Art Therapist can meet with clients privately. “You can appreciate how the artist feels they've depicted their journey and has had it validated - which is why they've allowed us to show it. It's a very powerful, healing therapy for all age groups, but really beneficial for children who find it hard to express how they're feeling in words. A few of the pieces are available for sale, with proceeds helping to fund the program.”

“Speaking of fundraising,” I said, “let me get that Golf sponsorship information for you.”

I let him know that aside from the activities at the house, volunteers support clients in their homes, offering companionship and respite for their family caregivers. Passing the Golf sponsorship package to him, I said how grateful we are for the financial support of individual donations and community partners in order to raise 80% of our operating budget.

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Doane House Hospice Programs

Visiting Volunteer Program

Within clients' homes, Visiting Volunteers provide companionship, practical support and short-term relief for caregivers.

Visiting Volunteers help with day-to-day needs such as appointments, shopping and outings. Contact can be maintained through regular telephone calls. Clients are interviewed by our professional staff and matched with an appropriate volunteer.

Oasis Day Program

The Oasis Day Program provides a safe environment for social interaction and activities that illness can often restrict.

Offered every Thursday and Friday at Doane House Hospice 10:00am—2:00pm. Lunch is provided.

Art Therapy

Offers a different approach to traditional talk therapy, using art to help children, adolescents, and adults express thoughts and emotions they may not know how to express otherwise.

Caregiver Support

This program is open to anyone caring for a loved one living with a life-threatening illness. Trained volunteers facilitate this group once a week for one hour.

Bereavement Program

This program offers education and support for both family and friends coping with the loss or illness of a loved one. The program offers a variety of formats, including:

- Individual Support
- Group Support
- Family Support
- Walk and Talk

Mind-Body Connection

- Peer Support
- Visualization & Relaxation
- Yoga

A Message from the Executive Director



DHH received a facelift at the beginning of the new year. We have updated the administration spaces which has

helped with sound-proofing the program areas, on the main floor. We have had a 'lick of paint' in the art room and the tranquility room, (a new space for massage, reiki and quiet time). Soon after, an energetic team of volunteers tackled the basement clean-up! So, with renewed energy, the dedicated staff and volunteers are off to a great start.

In September 2011 DHH started the "Mind-Body Connection", which is a wellness program, offering yoga, relaxation, and visualization to clients. This program has grown exponentially and is generously sponsored by *Connective Intelligence*, a local business. This is proving to be an exciting partnership and we thank Brett



Richards for his ideas and support of DHH.

All programs and services offered at DHH are offered at no charge. This is, in part, due to the generosity of our community.

At the end of February, three community engagement meetings were held in the York Region area to discuss the development of a new plan for the delivery of hospice palliative care. The goal of these sessions was to provide volunteers, patients, family members, community members, and service providers an opportunity to have input into the future directions of Hospice Palliative Care within the Central LHIN. The outcome of the sessions will be summarized and a report will be submitted to the Central LHIN. This

report will make recommendations on the delivery of hospice palliative care in our area.

With thanks.....

McKee Carpet Zone and Susan Henderson Harris

for their kind donations toward the purchase of new carpets that were laid in December. Thank you, also, to Rona for its kind donation of a new industrial vacuum cleaner!

Debbie Wilson

What a way to celebrate your 60th birthday! Instead of receiving gifts, Debbie asked her friends to make meaningful donations to Doane House Hospice.

Consequently, the Art Therapy program has two new easels.



BFI Canada (Progressive Waste Solutions)



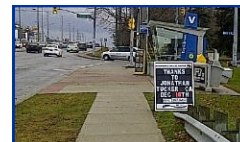
de-clutter.

Out with the old, in with the new! With BFI's donation of a 20 foot skip, we were able to substantially

TabacTucker, LLP

On behalf of our clients DHH thanks *TabacTucker, LLP* Chartered

Accountants and Licensed Public Accountants for Sponsoring a Day at Doane on December 16th, 2011.



Christina Clemente & Crocs™



Since this generous donation of crocs, both our clients and volunteers have had happy feet!

Picture This!

By purchasing a piece of art created in our Art Therapy Program you not only support Doane House Hospice but also validate the work created in the program.



SPONSORED BY:



Doane House Hospice Welcomes

Cathy Kincaide

Client Services Coordinator



Kathy brings a rich and diverse background to her role as Client Services Coordinator. Over the last twenty-five years, Kathy has worked in the community as an Early Inter-

ventionist, Registered Nurse and Therapeutic Clown. Kathy is thrilled to be a part of the Doane House team and is grateful for all the warmth and support she has received from staff, volunteers, and clients.

Heidi Bonner

Volunteer / Case Coordinator

Heidi has attended many meetings at Doane House over the years and may be a familiar face to many in her dual role as the coordinator for the King-Aurora Hospice. Heidi believes that it is the people who make a house a home and is looking forward to working with all the clients and volunteers who contribute to making Doane House the lovely place it is.



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Wish List

Sponsors for 2012:

- ◆ 8 week Art Therapy group;
- ◆ Sponsor a day at Doane;
- ◆ 8 week Saturday Yoga course.
- ◆ New laptop with office 2010
- ◆ Software: Microsoft Office / Business 2010
- ◆ 2 Lunch Sponsors for the Oasis Day Program

Volunteer Profile: Barb Dymott



Barb surrounded by some of her lovely blankets

While many of the hours logged by DHH volunteers involve direct interaction with clients and/or families, some volunteers support from 'behind the scenes.' Veteran Barb Dymott, does both. Barb's longstanding association with hospice predates our heritage location! In the early days, she helped Hospice Newmarket get 'off the ground.' For the past 16 years, Barb's fundraised, helped raise community awareness and has been a visiting volunteer. These days, Barb supports Doane House clients every day (an average of 90 hours per month!) crocheting blankets that are gifted to our 'in home' and Oasis Day clients each December.

Barb's realization of the need and value of hospice support dates back to the 70's. She knows the continued challenges for patients and families coping with life-limiting illnesses and appreciates how this impacts their quality of life. Having "walked in those shoes," Barb is aware of the positive difference hospice support provides. That she is able to pair her love of crocheting with this understanding adds another dimension to the warmth and comfort of her blankets. "To know that someone cares," is her soft-spoken intention and if her craft "takes a minute of their pain away," she feels she's succeeded. Feedback from recipients confirms Barb's quilts are made with love, given with love, and

received with gratitude. In addition to the blankets Barb donates to our clients, she is a long-standing 'blanketeer' with "Project Linus." Her blankets have comforted those in England, India, and Russia! Kudos to you, Barb, for all you've done... and do! So many are grateful for your gift of time, talent, and support!

Thank You!

Our thanks to the following companies who have provided delicious lunches for the clients in our Oasis Day Program.



Testimonials:

- ◆ "[Oasis] was a refuge from the world and my daily routine in a safe place."
- ◆ "I was able to relax, refresh and restore myself for the journey ahead."

"...where are the beds???"
Continued from page 1

Sensing he'd had enough 'awareness-training' for one visit I thanked him for visiting. He replied, "This *has* been a real eye-opener! I had no idea that so much went on here. It looks like Doane House Hospice is a special 'home-away-from-home'....just without the beds!!!!"

Bling It!

Doane House Hospice is proud to host a:

BLING IT! EXTRAVAGANZA

Come and support Doane House Hospice by buying beautiful jewelry at amazing prices to suit all tastes and budgets.

Saturday, March 31st
12:30 – 4:30 pm
@ Doane House Hospice

TEE-OFF FOR HOSPICE

Doane House Hospice

Invites You To Their...

2012 ANNUAL GOLF TOURNAMENT

VENUE: Station Creek Golf Club
12657 Woodbine Ave

DATE: Wednesday June 13th, 2012

TIME: 8:00am Registration
8:30am Tee-off

PRICE: \$200 Per golfer

For reservations, please call:
Doane House Hospice at
905-967-0259
www.doanehospice.org

GOLD SPONSORS: SILVER SPONSORS:

Doane House HOSPICE

Join us for a fundraising jazz night with the Indigo Jazz House Band and enjoy a full buffet dinner, cash bar, silent auction, and gallery.

JAZZ NIGHT

\$75

Saturday, May 26, 2012

6-10 pm
artspace

On 89 Dunlop St. E., Barrie, Ontario

Call Doane House Hospice on 905-967-0259

ARTISTS SALON & SPA

The Artist's Team Celebrates Their 5th Anniversary

3rd STYLE FOR A CAUSE CHARITY EVENT

Sunday May 27th, 2012
from 10:00am to 5:00pm
Natures Emporium Centre
16552 Yonge Street, Suite 22
905.853.1919

Join us for our Anniversary and enjoy complimentary food, charitable raffle, silent auction, silent disco, glamour photoshoot, and more!

*Live Music
Buffet, Silent Auction*

This book an appointment or walk in to have a service performed.

- \$35 Shampoo & blowdry
- \$55 Hair shampoo
- \$25 Manicure
- \$45 Pedicure
- \$25 Make-up Touch up
- \$15 Eyebrow & lip wax
- \$15 Polish change
- GLAMOUR PHOTOSHOOT

AVAILABLE \$30.00!
Makeup touchup, and personal photoshoot with professional photographer

100% OF THE PROCEEDS GO TO DOANE HOUSE HOSPICE IN NEWMARKET

THANK YOU FOR YOUR SUPPORT

Doane House HOSPICE is proud to present our 14th annual

BACK BY POPULAR DEMAND!!

WINE & FOOD CELEBRATION

\$50

Sunday, July 15th, 2012, 5 pm – 9 pm
Newmarket Community Centre
905-967-0259

DOANE HOUSE HOSPICE

3rd ANNUAL

UNIQUE CRAFT & GIFT SHOW

Sunday, November 18, 2012

10:00 a.m. - 4:00 p.m.

905-967-0259

NEWMARKET COMMUNITY CENTRE
200 Doug Duncan Drive, Newmarket



Doane House Hospice relies on the support of the community to provide its services. Please detach the form below and return it, letting us know how you can help us help others.

YES! I would like to help Doane House Hospice

- Please contact me regarding volunteer opportunities with Doane House Hospice
- I enclose a contribution in the amount of \$25 \$50 \$100 Other_____
- Please charge my VISA/MasterCard/American Express \$_____ Card number _____ Expiry _____

Signature _____

Name _____

Mailing Address _____

Telephone Home _____ Business _____

E-mail _____

This donation is in memory or in honour of _____



SPONSOR A DAY AT DOANE for \$750.00

SPONSOR AN 8 WEEK ART THERAPY GROUP for \$850.00



CORPORATE MATCHING

Many companies have programs through which they will “match” the charitable contributions made by their employees. Through corporate gift matching, your employer can multiply your gift to Doane House Hospice, making it go further. Check with your company’s Human Resources office to see if they offer gift matching. If they don’t, you may want to ask your company to start one. If your employer does offer this program, your Human Resources should provide you with a matching gift form. If you have questions about corporate matching, please contact Juliet at (905)987-0259 or jirish@doanehospice.org.