



Winter 2011

Upcoming Events 2011

Hula for Hospice - April 6th

Sponsored Walk - TBA

Car Boot Sale - May - September

Golf Tournament - June 15th

Food Event - October

Unique Craft & Gift Show - Nov 26th

**The Art Therapy Program
Sponsored in part by:**

Bingo World Newmarket

Thank you!

Join us every Friday from 3 - 6 pm for an afternoon of fun; bring your friends and get into the spirit of BINGO!

Try your luck in winning one of the many prizes while supporting Doane House Hospice in our fundraising efforts.

Wish List 2011

- New Digital Camera
- Sponsor a Day at Doane - \$750
- Group Art Therapy Sponsorship - \$850 per 8 Week Course
- Industrial Carpet
- Interactive Website
- New Volunteers (training provided)
- Board Member (Fundraising)

**The Healing Power of
Art & Music**

Alison's love of the arts has led her from Fredericton on the east coast to Vancouver on the west coast and now she's back home! Even in those early days, Alison felt the healing power of art— whether that was expressed via music, poetry or art. She completed two graduate degrees in fine arts; is a piano teacher and organist. Her graduate work focused on the interdisciplinary nature of the arts by studying how musical models aided Romantic and Victorian poets to develop the art of poetry. Alison applies the theories of imagination and poetry to art therapy and working with people to express their innermost thoughts and feelings.

Alison's previous experience in Vancouver as an art therapist working with clients who were the victims of sexual abuse, violence, and bereavement lends itself to her current role as Support Service Coordinator and Art Therapist.

Currently Alison provides one-on-one and group support to clients and includes the art therapy component. She is currently exploring new ways to include more expressive art modalities such

as music (composing, song writing, singing) into the programs at DHH. Her other interest is in implementing art therapy to meet the spiritual needs of clients, and implementing Saturday workshops for newly-diagnosed clients.



**Alison Jane - Support Service
Coordinator and Art Therapist**

Picture This!

By purchasing a piece of art created in our Art Therapy Program you not only support Doane House Hospice but also validate the work created in the program.

SPONSORED BY:

Doane House Hospice Programs

Visiting Volunteer Program

Within clients' homes. Visiting Volunteers provide companionship, practical support and short-term relief for caregivers. Visiting Volunteers help with day-to-day needs such as appointments, shopping and outings. Contact can be maintained through regular telephone calls. Clients are interviewed by our professional staff and matched with an appropriate volunteer.

Oasis Day Program

The Oasis Day Program provides a safe environment for social interaction and activities that illness can often restrict. Offered every Thursday and Friday at Doane House Hospice 10:00am—2:00pm. Lunch is provided.

Art Therapy

Offers a different approach to traditional talk therapy, using art to help children, adolescents, and adults express thoughts and emotions they may not know how to express otherwise.

Caregiver Support

This program is open to anyone caring for a loved one living with a life-threatening illness. Trained volunteers facilitate this group once a week for one hour.

Bereavement Program

This program offers education and support for both family and friends coping with the loss or illness of a loved one. The program offers a variety of formats, including:

- Individual Support
- Group Support
- Family Support
- Walk and Talk

Workshops

- Newly Diagnosed

Partnerships programs Hosted by Doane House Hospice:

Wellspring:

- *Peer Support & Relaxation*
- *Yoga*
- *MBSR - Mindful Based Stress Reduction*

Assessment is required for all programs.

A Message from the Executive Director

Doane House Hospice (DHH) has spent many years building its reputation in the community; one of experience and expertise in providing support to any individual and/or their family who are coping with a life threatening illness. We are able to achieve this through the many wonderful, trained volunteers who continue to be our best ambassadors. Our staff, meanwhile, go over and above their duties on a daily basis to ensure our clients are truly supported in their time of need.

DHH statistical reports consistently note the increased need for our services and we have adapted programming to better accommodate younger clients. Regional statistics indicate almost 90% of those diagnosed with a life threatening illnesses could benefit from Hospice Palliative Care services while as many as 5 times that number would benefit from bereavement support. A daunting prediction, considering DHH has not seen any increase in government funding. At present, 76% of our annual budget is raised in-house, so that we can continue to provide no-cost programs and services.

2010's economic downturn further challenged special fundraisers we'd counted on in the past. Donor fatigue may have resulted in the cancellation of some, but didn't dampen DHH's drive or our ability to think outside the box!

For seven years, we have offered an amazing art therapy program, helping children, teens and adults deal with a new diagnosis, anticipatory grief or bereavement. After hearing time and time again "are these for sale?"- "Picture This" was born.

"Picture This" not only gives awareness to the true healing power of art therapy but is proud to feature selected artwork at different community venues. The benefit of this is three fold: the art will showcase DHH programs and services with sale proceeds that will help sustain our art therapy program thus allowing us to offer the programming to more people. "Picture This" is sponsored, in part, by Tor Can Waste Management Inc and Forest Contracting Ltd, who continue to be generous supporters of DHH

Sponsor a Day at Doane" or "Sponsor an 8 week Art Therapy group" are other, new, fundraising initiatives. Individuals or companies/businesses can honour or memorialize someone special with this donation, knowing their sponsorship is helping others.

Several staff changes have happened at DHH! In February we wished Jenn Sharko adieu as she took her maternity leave. We welcomed Alison Jane as our new art therapist. In June, we said goodbye to Anna Marie Harris, Director of Client Services after 8 years with DHH. September 2010 brought Volunteer / Case Coordinator, Aly Miller who comes to us with 12 years of hospice experience, and has fit right in to this busy organization. Then, in December we welcomed Jessica Williams who now coordinates our Oasis Day Program,

It's a New Year, we have renewed energy and look forward to serving our community in the only way we know how, with compassion, respect and dignity. Reflecting on the many challenges we experienced in 2010, I must say, I am honoured to be part of such a dynamic organization.

Juliet Irish
Executive Director



Forest Contractors Ltd. **PLATINUM** Tor Can Waste Management Inc.



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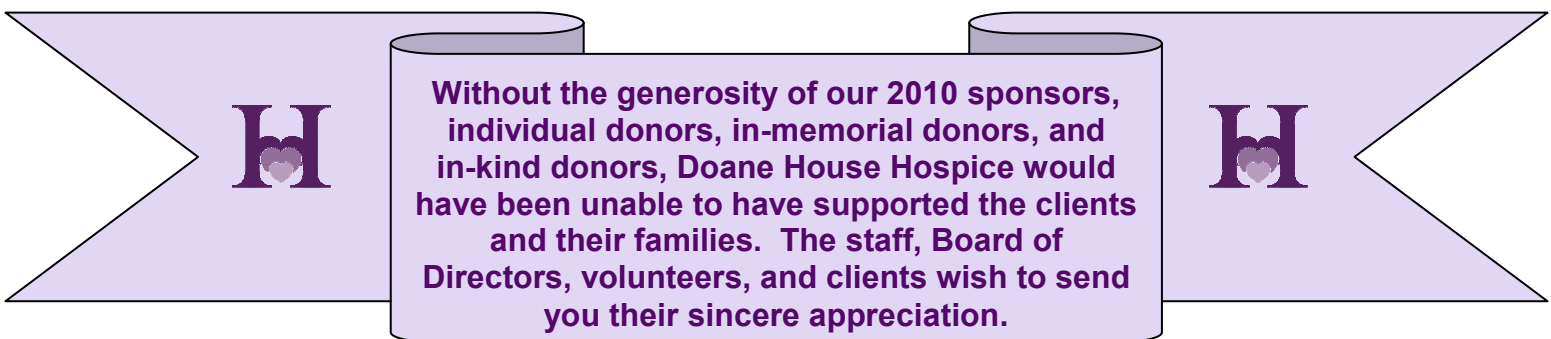
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Doane Days



Debbie & Friends
The Nicolson Family
Friends of DHH



Without the generosity of our 2010 sponsors, individual donors, in-memorial donors, and in-kind donors, Doane House Hospice would have been unable to have supported the clients and their families. The staff, Board of Directors, volunteers, and clients wish to send you their sincere appreciation.

Volunteer Profile: Anna Zuccon

An Award Well Deserved



Anna Zuccon: our award-winning volunteer!

For all her efforts and dedication, Anna was the recipient of the 2010 *June Callwood Circle of Outstanding Volunteers* award. Each year, this award, which is presented to an individual who consistently goes beyond the requirements of his/her volunteer role and who selflessly gives of his/her time, skills and resources. Anna's win was both well deserved and well received. Her efforts were celebrated in a roomful of people who share her passion. Anna's commitment to DHH is impossible to ignore, even contagious at times! All of her hard work in fundraising is truly appreciated, and we look forward to seeing what other great events she, and the other members of the committees, dream up and bring into reality.

Anna Zuccon fell into her volunteer role at Doane House as if by fate. In the Fall of 2004, she was retiring and looked for a worthy cause in which to dedicate her time. When she heard about Doane House Hospice and all of the great community support they provide, her search came to an end. It's been nothing but a mutually benefitting and equally satisfying experience.

Since she joined the team, Anna has been involved in a number of fundraising committees and is a natural at engaging others and formulating innovative ideas for great events. She is front and centre of the fundraising that allows us to continue to fulfill our mandate.

And last but not least...

A big thanks to our philanthropic student friends at St. Andrews College!

Doane House Hospice received a donation of \$5,000 thanks to five Grade 10 St. Andrews College students. As part of their civics class curriculum, these young philanthropists competed in The Youth and Philanthropy Initiative (YPI), an academic philanthropy program aimed at creating global citizens with an awareness and emphatic appreciation for community charities.

After choosing Doane House Hospice, the students spent 6 weeks with us, researching and interviewing staff, volunteers and clients, ultimately creating a 10 minute documentary.

For our young supporters, the aspiration behind producing the winning video became not only the 1st prize title but the prize winning donation that came with it! We can't thank these students enough for their efforts and this donation which will help to support the Oasis Day Program.

Bravo boys!!



Mission

We are dedicated to enhancing the quality of life through the provision of non-medical support for those affected by or caring for an individual with a life-threatening illness.

Charitable Registration No.: 14033 7437 RR0001



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DOANE HOUSE HOSPICE

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