

Programs and Services at a Glance 2026

Type	Program	When	Times	Location	Information / Registration
Individual Support	Social Work / Social Service Work / Grief & Bereavement Support	Monday - Friday	8:30am to 4:30am	In person at Doane House and Margaret Bahen Hospices	Please contact us at info@myhospice.ca or 905 967-0259 (dial "0") to book an appointment or referral by fax 905-967-0259
	Art Therapy	Tuesdays, Wednesdays, and Fridays	8:30am to 4:30am	In Person at Doane House and Margaret Bahen Hospices	
	Recreation Therapy	Monday - Friday	8:30am to 4:30am	In Person at Margaret Bahen and Doane House Hospices	
Group Support	Afternoon Adult Grief Group	Wednesdays (Starting in January)	2:00pm to 4:00pm	In Person at Doane House Hospice	Registration required
	Evening Adult Grief Group	Wednesdays (Starting in January)	5:00pm to 7:00pm	In Person at Doane House Hospice	Registration required
	Oasis Group Program	Thursdays every week (Ongoing)	10:00am to 1:30pm	In Person at Doane House Hospice	For individuals diagnosed with a Life Limiting Illness Registration required
	Death Café	Quarterly on a Wednesday evenings	6:30pm to 8:30 pm	Mix of Virtual and In Person Doane House Hospice	Registration required
	March Break Art Camp for Grieving Children	March 16 – 20	1:00 to 4:00 pm	In Person at Doane House Hospice	Register by March 10th to cpfenning@myhospice.ca
	July Art Camp for Grieving Children	5 days of the week in July (dates TBC)	1:00 to 4:00 pm	In Person at Doane House Hospice	Register by June 23 rd to cgardner@myhospice.ca
	Mindfulness For Health (Rachel Kampf)	Wednesdays	11:00am to Noon	Virtual (Zoom)	For individuals diagnosed with a Life Limiting Illness DHH registered clients
	Hybrid Yoga (Annette Bradbury)	Tuesdays	9:30am to 10:30am	In Person + Via Zoom Trinity United Church, Newmarket	Open to all registered clients
	Walk and Talk	Thursdays (weather permitting)	2:00pm to 3:00pm	In Person at Fairy Lake, Newmarket	Open to all registered clients
Creating Keepsakes	Memory Bears	Program runs all year	Individual appointments	Program is based at Doane House Hospice	Contact Chrissie Flynn at cflynn@myhospice.ca Minimum \$45 donation / bear
Resources	Bereavement /Caregiver Correspondence	12 Monthly Emails Service runs all year	n/a	Program is based at Doane House Hospice	Open to all registered clients Contact Chrissie Flynn at cflynn@myhospice.ca
Caregiver support	In-home and group support	Program runs all year	Individual appointments	In-home or at Doane House	Open to all registered clients contact Sandy Meekings smeekings@myhospice.ca